

TABELLA CLASSI d'ETÀ PARA POWERLIFTING 2026

Controlla la data di nascita per stabilire la classe di appartenenza:

2013	RO/EL	1996	ELITE	1979	LE/EL	1962	LE/EL
2012	RO/EL	1995	ELITE	1978	LE/EL	1961	LE/EL
2011	RO/EL	1994	ELITE	1977	LE/EL	1960	LE/EL
2010	RO/EL	1993	ELITE	1976	LE/EL	1959	LE/EL
2009	RO/EL	1992	ELITE	1975	LE/EL	1958	LE/EL
2008	NG/EL	1991	ELITE	1974	LE/EL	1957	LE/EL
2007	NG/EL	1990	ELITE	1973	LE/EL	1956	LE/EL
2006	NG/EL	1989	ELITE	1972	LE/EL	1955	LE/EL
2005	ELITE	1988	ELITE	1971	LE/EL	1954	LE/EL
2004	ELITE	1987	ELITE	1970	LE/EL	1953	LE/EL
2003	ELITE	1986	ELITE	1969	LE/EL	1952	LE/EL
2002	ELITE	1985	ELITE	1968	LE/EL	1951	LE/EL
2001	ELITE	1984	ELITE	1967	LE/EL	1950	LE/EL
2000	ELITE	1983	ELITE	1966	LE/EL	1949	LE/EL
1999	ELITE	1982	ELITE	1965	LE/EL	1948	LE/EL
1998	ELITE	1981	LE/EL	1964	LE/EL	1947	LE/EL
1997	ELITE	1980	LE/EL	1963	LE/EL	1946	LE/EL

Legenda:

- RO: Rookie
- NG: Next Gen
- EL: Elite
- LE: Legend