

Thursday 4th April	EWF Committees Meeting and Executive Board Meeting			
14.00 - 17.00	Technical, Medical, Coaching, Research & Scientific Committee Meetings			
18.30 - 21.30	EWF Executive Board Meeting			
Friday 5th April	Congress			
09.00 - 10.00	Final Entries Verification and Team Manager's Meeting			
10.00 - 10.30	Congress Registration			
10:30 - 13.00	EWF Congress			
15:30 - 16:30	Technical Officials Briefing in Competition Hall			
16.30 - 17.30	Television Rehearsal & Full Competition Systems Test including			
'In detail'				
16.30 - 17.00	Simulated competition with 5 x local lifters + Technical Officials)			
17.00 - 17.30	Athletes Presentation, Medal Ceremony & Flag Raising Rehearsals			
Saturday 6th April	1st Competition Day			
10.00 – 12:00	Women's 45 & 49kg	'B' Group	10' interval (10)	
12.00 - 13.15	Men's 55 kg	'B' Group	10' interval (04)	
13.45 – 14.15	Official Opening of the 2019 European Weightlifting Championships			
15:00-17:00	Televised Women's 45kg	'A' Group	Final 10' interval (10)	
18.00 - 19.50	Televised Men's 55kg	'A' Group	Final 10' interval (08)	
20.30 - 22.30	Televised Women's 49kg	'A' Group	Final 10' interval (10)	Olympic
Sunday 7th April	2nd Competition Day			
10.00 – 12.30	Women's 55kg	'C' Group	10' interval (12)	
12.45 - 14.45	Women's 55kg	'B' Group	10' interval (10)	
15.00-17.00	Men's 61kg	'B' Group	10' interval (08)	
18.00 - 19.50	Televised Women's 55kg	'A' Group	Final 10' interval (09)	Olympic
20.30 - 22.30	Televised Men's 61kg	'A' Group	Final 10' interval (09)	Olympic
Monday 8th April	3rd Competition Day			
10.00-12.00	Women's 59kg	'C' Group	10' interval (10)	
12.30-14.30	Women's 59kg	'B' Group	10' interval (10)	
15.00-17.00	Men's 67kg	'B' Group	10' interval (08)	
18.00 - 19.50	Televised Women's 59kg	'A' Group	Final 10' interval (10)	Olympic
20.30 - 22.30	Televised Men's 67kg	'A' Group	Final 10' interval (09)	Olympic
22.30 - 23.30	Women's 64kg	'D' Group	10' interval (06)	
Tuesday 9th April	4th Competition Day			
09.30 – 11.30	Women's 64kg	'C' Group	10' interval (10)	
11.30 – 13.30	Women's 64kg	'B' Group	10' interval (10)	
13.45-14.45	Men's 73kg	'C' Group	10' interval (05)	
15.00-17.00	Men's 73kg	'B' Group	10' interval (10)	
18.00 - 19.50	Televised Women's 64kg	'A' Group	Final 10' interval (09)	Olympic
20.30 - 22.30	Televised Men's 73kg	'A' Group	Final 10' interval (10)	Olympic
22.30-24.00	Women 71kg	'C' Group	10' interval (10)	

Wednesday 10th April	5th Competition Day			
10.00 - 12.00	Women's 71kg	'B' Group	10' Interval (10)	
12.15 - 14.45	Men's 81kg	'C' Group	10' interval (12)	
14.45 - 17.00	Men's 81kg	'B' Group	10' interval (12)	
18.00 - 19.50	Televised Women's 71kg	'A' Group	Final 10' Interval (10)	
20.30 - 22.30	Televised Men's 81kg	'A' Group	Final 10' Interval (10)	Olympic
22.30 -24.00	Men 89kg	'C' Group	10' interval (07)	
Thursday 11th April	6th Competition Day			
09.30 - 11.30	Men's 89kg	'B' Group	10' interval (12)	
11.30 - 13.00	Men's 96kg	'C' Group	10' interval (08)	
13.00 - 14.30	Men's 96kg	'B' Group	10' interval (08)	
14.30 - 17.00	Women's 76kg	'B' Group	10' interval (13)	
18.00 - 19.50	Televised Men's 89kg	'A' Group	Final 10' Interval (09)	
20.30 - 22.30	Televised Women's 76kg	'A' Group	Final 10' Interval (10)	Olympic
22.30 - 24.00	Men 102kg	'B' Group	10' interval (10)	
Friday 12th April	7th Competition Day			
08.00 - 10.00	Men's 109kg	'C' Group	10' interval (08)	
10.00 - 11.30	Men's 109kg	'B' Group	10' interval (09)	
11.30 - 13.45	Men's +109kg	'B' Group	10' interval (12)	
13.45 - 15.15	Women's 87kg	'B' Group	10' interval (06)	
16.00 -17.15	Women's 81kg	'A' Group	15' Interval (02/06**)	
18.00 - 19.45	Televised Women's 87kg	'A' Group	Final 10' Interval (07)	Olympic
20.30 - 22.30	Televised Men's 96kg	'A' Group	Final 10' Interval (12)	Olympic
22.30 - 23.30	Women +87kg	'B' Group	10' interval (04)	
Saturday 13th April	8th Competition Day			
09.00 - 11.00	Men's 102kg	'A' Group	Final 10' Interval (08)	
12.00 - 14.00	Televised Men's 109kg	'A' Group	Final 10' interval (09)	Olympic
15.00 - 16.45	Televised Women's +87kg	'A' Group	Final 10' Interval (07)	Olympic
17.30 - 19.30	Televised Men's +109kg	'A' Group	Final 10' interval (09)	Olympic

Please Note:

Olympic: Olympic category

*All times listed above are subject to alteration and the agreement of the Organising Committee, the Host Broadcaster, the EWF and the European Broadcasting Union (EBU) in respect of any changes.

*The above schedule is subject to change and updating after **final verification meeting on 5th April 2019**.

** Women 81kg Group A, this category has received only two entries and at this time will not be televised.

17 February 2019