

## FORMULA CALCOLO COEFFICIENTE SINCLAIR

### Formula Maschile

$$=SE(PESO CORPOREO < 175,508; 10^{(0,75194503 * ((\text{LOG} 10(PESO ATLETA / 175,508))^2))}; 1)$$

### Formula Femminile

$$=SE(PESO CORPOREO < 153,655; 10^{(0,783497476 * ((\text{LOG} 10(PESO ATLETA / 153,655))^2))}; 1)$$

## TABELLA SINCLAIR MASTER 2023 (MELTZER | FABER)

	ANNO	ETÀ	COEFF
MASTER 45	1982	41	1,149
	1981	42	1,162
	1980	43	1,176
	1979	44	1,189
	1978	45	1,203
	ANNO	ETÀ	COEFF
MASTER 55	1977	46	1,218
	1976	47	1,233
	1975	48	1,248
	1974	49	1,263
	1973	50	1,279
	1972	51	1,297
	1971	52	1,316
	1970	53	1,338
	1969	54	1,361
	1968	55	1,385
	ANNO	ETÀ	COEFF
MASTER 65	1967	56	1,411
	1966	57	1,437
	1965	58	1,462
	1964	59	1,488
	1963	60	1,514
	1962	61	1,541
	1961	62	1,568
	1960	63	1,598
	1959	64	1,629
	1958	65	1,663

	ANNO	ETÀ	COEFF
MASTER +65	1957	66	1,699
	1956	67	1,738
	1955	68	1,779
	1954	69	1,823
	1953	70	1,867
	1952	71	1,910
	1951	72	1,953
	1950	73	2,004
	1949	74	2,060
	1948	75	2,117
	1947	76	2,181
	1946	77	2,255
	1945	78	2,336
	1944	79	2,419
	1943	80	2,504
	1942	81	2,597
	1941	82	2,702
	1940	83	2,831
	1939	84	2,981
	1938	85	3,153
1937	86	3,352	
1936	87	3,580	
1935	88	3,843	
1934	89	4,145	
1933	90	4,493	
1932	91	1,699	
1931	92	1,738	